

## FOR THE TABLE

**MARINATED OLIVES**  
warm foccacia (ve)(gfo) £6.50

**PORK SCRATCHINGS**  
apple purée (gf) £6.50

**BUTTERNUT SQUASH HUMMUS**  
pitta bread, toasted seeds (veo)(gfo) £7.50

**SPICED HALLOUMI FRIES**  
hot honey dip (v)(gf) £7.50

## STARTERS

**SOUP OF THE DAY**  
rustic bread (veo)(gfo) £8.00

**BAKED GOATS CHEESE**  
beetroot, candied walnut, beetroot glaze,  
red onion marmalade (v)(gf) £9.00

**KOREAN CHICKEN SKEWERS**  
dak-kkochi glazed chicken, spring onions, chilli,  
sesame seeds £9.50

**DUCK & ORANGE PÂTÉ**  
herb croûtes, fig & apple chutney, cornichons  
(gfo) £9.50

**WILD MUSHROOM ON TOAST**  
toasted sourdough, goats curd (v)(veo)(gfo) £9.00

## CHILDRENS

**PORK SAUSAGES** £8.00

**COD FINGERS** £8.00

**CHICKEN CHUNKS** £8.00

**MARGARITA PIZZA** (v) £8.00

**HONEY ROAST HAM** (gf) £8.00

All the above served with the choice of  
fries or veg sticks and beans or peas

**PASTA BOLOGNESE** £8.00

ALL DISHES ARE PREPARED IN A KITCHEN WHERE  
PRODUCTS CONTAINING NUTS, SEEDS & OTHER  
ALLERGENS ARE HANDLED AND PREPARED. WE MAY  
NOT BE ABLE TO GUARANTEE OUR FOOD WILL NOT  
CONTAIN TRACES OF ALLERGENS. PLEASE BE SURE TO  
INFORM STAFF OF ANY ALLERGIES OR ANY DIETARY  
REQUIREMENTS. THANK YOU.

(gf) - Gluten free (gfo) - Gluten free option

(v) - Vegetarian (vo) - Vegetarian option available

(ve) - Vegan (veo) - Vegan option available

## SALADS

**CROSS CHICKEN CAESAR SALAD**  
grilled chicken breast, baby gem, Caesar dressing,  
parmesan, diced bacon, herb croûtes (gfo) £16.00

**AUTUMN BUTTERNUT SQUASH**  
spiced puy lentils, rocket, feta, toasted seeds,  
balsamic dressing (v)(veo)(gf) £15.00

**KING PRAWN NICOISE**  
garlic & chilli king prawns, green beans, potatoes,  
tomatoes, olives, boiled egg, baby gem, house  
dressing (gf) £16.50

## MAINS

**WELSH ALE BATTERED HAKE  
& CHIPS**

rustic chips, minted mushy peas, house tartar  
sauce, lemon wedge £20.00

**SALT BAKED CELERIAC STEAK**  
puy lentils, glazed heritage carrots, roasted walnut  
gremolata, red wine jus (ve)(gf) £19.00

**KATSU CHICKEN CURRY**  
panko breaded chicken breast, jasmine rice, katsu  
curry sauce, sesame seeds, chilli, coriander (veo)(gf) £20.00

**SEAFOOD TAGLIATELLE**  
king prawns, mussels, squid, tagliatelle, creamy garlic  
sauce, parsley, lemon £22.00

**MEDITERRANEAN TARTLET**  
roast Mediterranean vegetables & basil goats cheese  
tartlet, roasted pinenuts, balsamic glaze, coleslaw, house  
salad (v) £18.00

**SLOW ROASTED PORK BELLY PORCHETTA**  
roasted new potatoes, crushed peas, fennel, crackling,  
red wine jus (gf) £24.00

**MARKET FISH** (please see our specials board)  
£(market price)

## BURGERS

**WELSH BEEF BURGER**  
6oz prime Welsh beef burger, Welsh cheddar, chefs  
burger sauce, baby gem, beef tomato, red onion,  
gherkin, seeded brioche bun, coleslaw, rustic chips £18.50

**SOUTHERN FRIED CHICKEN BURGER**  
southern fried chicken thigh, Welsh cheddar, sweet chilli,  
mayo, baby gem, beef tomato, red onion, seeded brioche  
bun, coleslaw, rustic chips (gfo) £18.50

**SPICED HALLOUMI BURGER**  
red onion marmalade, baby gem, beef tomato, red onion,  
seeded brioche bun, coleslaw, rustic chips (v)(gfo) £18.50

ADD BACON £1.00 ADD CRISPY ONIONS 50p

## FROM THE GRILL

**8 oz RIBEYE STEAK**  
roasted vine tomato, wild mushrooms, onion rings,  
rustic chips, rocket & parmesan salad (gfo) £32.00

**10 oz RUMP STEAK**  
roasted vine tomato, wild mushrooms, onion rings,  
rustic chips, rocket & parmesan salad (gfo) £27.00

**12 oz GAMMON STEAK**  
soft boiled crispy egg, pineapple & apricot chutney,  
rustic chips, rocket & parmesan salad (gfo) £23.00

### SAUCES

Peppercorn sauce (gf) £4.00

Mushroom sauce (gf) £4.00

Red wine jus (gf) £4.00

## SIDES

**RUSTIC CHIPS** (ve)(gf) £4.50

**TRUFFLE PARMESAN FRIES** £5.50

**ROASTED NEW POTATOES** (ve)(gf) £4.50

**GLAZED HERITAGE CARROTS** (ve)(gf) £5.00

**ONION RINGS** (ve) £4.50

**GARLIC BREAD** (v) £4.50  
add mozzarella (v) £5.50

**SIDE SALAD** (ve)(gf) £4.50

## DESSERTS

**CHOCOLATE & CHERRY CHEESECAKE**  
cherry sorbet (ve)(gf) £8.50

**BARTI STICKY TOFFEE PUDDING**  
rum caramel sauce, caramel ice cream, honeycomb £8.50

**LEMON CURD MERINGUE ROULADE**  
berry compote (gf) £8.50

**PENDERYN WHITE CHOCOLATE TART**  
crème anglaise £8.50

**APPLE & BLACKBERRY CRUMBLE**  
custard £8.25

**ICE CREAM SELECTION**  
(choice of 3 - vanilla, chocolate, strawberry,  
salted caramel, Pembrokeshire promise) (v)(gf) £6.50

**SORBET SELECTION**  
(choice of 3 - lemon, mango, raspberry) (ve) £7.85

Please note your table number and order at the bar.  
Also see our specials boards next to the bar and in  
the upper restaurant.



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